

Bucket Filling Interview Guide

1. By what name do you like to be called?
2. What are your “hot buttons” – hobbies or interests you like to talk about a lot?
3. What increases your positive emotion or “fills your bucket” the most?
4. From **whom** do you most like to receive recognition or praise?
5. What type of recognition or praise do you like best? Do you like public, private, written, verbal, or other kinds of recognition?
6. What form of recognition motivates you the most? Do you like gift certificates, a title for winning a competition, a meaningful note or e-mail, or something else?
7. What is the greatest recognition you have ever received?