



GALLUP INSTITUTE

FOR GLOBAL WELL-BEING

WEDNESDAY OCTOBER 3, 2007

8:00 am – 5:00 pm **APA/GALLUP SUMMIT ON COURAGE**
(PRE-REGISTRATION REQUIRED)

Roosevelt Room, 5th Floor

THURSDAY OCTOBER 4, 2007

9:00 am – Noon **PRE-FORUM: TEACHING POSITIVE PSYCHOLOGY**

Great Hall, 2nd Floor

This workshop, led by a handful of veteran teachers of positive psychology, explores best practices that have arisen out of some of those courses. This interactive workshop is recommended for those who are interested in starting a positive psychology class or program or for those looking to pick up some fresh teaching tips.

JEANA L. MAGYAR-MOE

University of Wisconsin Stevens Point (WI) USA

JENNIFER TERAMOTO PEDROTTI

California Polytechnic State University – San Luis Obispo (CA) USA

JAMES O. PAWELSKI

University of Pennsylvania (PA) USA

ILONA BONIWELL

Oxford Brookes University UK

JEANNE NAKAMURA, STEWART DONALDSON, & MIHALY CSIKSZENTMIHALY

Claremont Graduate University USA

1:00 – 2:00 pm **PRE-FORUM: THE GALLUP GLOBAL WELL BEING REPORT**

Great Hall, 2nd Floor

In the largest undertaking of its kind, The Gallup Organization is measuring the well-being and overall status of the world's citizens for the next 100 years. Continually polling a sample representing 95% of the Earth's adult population, the Gallup World Poll provides access to the voices, hearts, and minds of citizens in more than 130 countries and areas. Asking the same core questions across nations over time enables leaders to compare the data and identify the emerging trends that will be discussed.

INTRODUCTION – THE GALLUP WORLD POLL VISION

JIM CLIFTON

The Gallup Organization, Washington (DC) USA

GALLUP WORLD POLL – WELL-BEING OF NIGERIANS

NGOZI OKONJO-IWEALA

NOI Global, Nigeria and The Brookings Institute (DC) USA

GALLUP WORLD POLL – WELL-BEING IN LATIN AMERICA

GERVER TORRES

The Gallup Organization, Washington (DC) USA

GALLUP WORLD POLL – WELL-BEING IN ASIA

RAJESH SRINIVASAN

The Gallup Organization, Princeton (NJ) USA

THURSDAY OCTOBER 4, 2007 (CONTINUED)

2:00 – 3:30 pm **GLOBAL WELL BEING BREAK-OUT SESSIONS – Two Rotations**

2:00pm -- 2:40pm – Rotation I
2:40pm – 2:50pm – Break
2:50pm – 3:30pm – Rotation II

WELL-BEING AND THE MILLENNIUM DEVELOPMENT GOALS IN SUB SAHARA AFRICA **Great Hall, 2nd Floor**

ROBERT TORTORA
The Gallup Organization, Washington (DC) USA

COMPARISON OF WELL-BEING IN ASIA **Roosevelt Room, 5th floor**

NICOLE NAURATH
The Gallup Organization, Washington (DC) USA

RAJESH SRINIVASAN
The Gallup Organization, Princeton (NJ) USA

WELL-BEING IN FORMER SOVIET UNION COUNTRIES **McKinley Room, 5th floor**

NELI ESIPOVA
The Gallup Organization, Princeton (NJ) USA

WELL-BEING IN LATIN AMERICA **Van Buren Room, 5th floor**

MARLENE FERNANDEZ
The Gallup Organization, Washington (DC) USA

JOHANNA GODOY
The Gallup Organization, Irvine (CA) USA

JESUS RIOS
The Gallup Organization, Atlanta (GA) USA

GERVER TORRES
The Gallup Organization, Washington (DC) USA

4:30 – 4:45 pm **WELCOME, INTRODUCTIONS, AND AWARDS** **Great Hall, 2nd Floor**

SHANE LOPEZ, 2007 Forum Organizer
University of Kansas (KS) USA
Senior Scientist – The Gallup Organization

4:45 – 5:45 pm **INTRODUCTION OF INAUGURAL SPEAKER** **Great Hall, 2nd Floor**

JIM CLIFTON
The Gallup Organization, Washington (DC) USA
INAUGURAL SPEAKER – SENATOR CHUCK HAGEL
United States Senate (R) Nebraska
Global Well-Being and Foreign Policy

THURSDAY OCTOBER 4, 2007 (CONTINUED)

**5:45 – 6:00 pm PRESENTATION OF 2007 GALLUP
GLOBAL WELL-BEING AWARD Great Hall, 2nd Floor**

JIM CLIFTON
The Gallup Organization, Washington (DC) USA

INAUGURAL AWARDEE – DANIEL KAHNEMAN
Princeton University (NJ) USA

6:00 – 7:00 pm INTRODUCTION OF KEYNOTE SPEAKER Great Hall, 2nd Floor

DANIEL KAHNEMAN
Princeton University (NJ) USA

KEYNOTE PRESENTATION – ALAN B. KRUEGER
Princeton University (NJ) USA
Time Use and Well-Being

**7:00 – 9:30 pm GALLUP RECEPTION McCormick & Schmick's Restaurant
1st floor, Gallup Building**

FRIDAY OCTOBER 5, 2007

8:00 – 8:30 am	CONTINENTAL BREAKFAST	Gallery, 2nd Floor
8:00 – 5:00 pm	REGISTRATION	Gallery, 2nd Floor
8:30 – 9:30 am	ED DIENER University of Illinois (IL) USA The Well-Being of Planet Earth: Gallup World Poll 2006-2007 <i>Moderator:</i> Shane Lopez University of Kansas (KS) USA	Great Hall, 2nd Floor
10:00 – 11:00 am	MONICA SHARMA United Nations – New York A Global Movement for Sustainable Planetary Well-Being and Leadership Measuring and Generating Momentum JOHN F. HELLIWELL Canadian Institute of Advanced Research & University of British Columbia, Canada Social Capital and Well-Being in Workplaces, Communities, and Nations <i>Moderator:</i> Ed Diener University of Illinois (IL) USA	Great Hall, 2nd Floor
11:30am – 12:30pm	GALLUP WORLD POLL Methodology and Validation for the Gallup World Poll ROBERT TORTORA The Gallup Organization, Washington (DC) USA and JIM HARTER The Gallup Organization, Omaha (NE) USA <i>Moderator:</i> John Helliwell University of British Columbia, Canada	Great Hall, 2nd Floor
11:30am – 12:30pm	MIKE MORRISON University of Toyota (CA) USA Personal Leadership and Well-Being: Lessons Learned From the Work World	McKinley Room, 5th Floor
11:30am – 12:30pm	COLLEEN J. HOWELL University of California-Riverside (CA) USA and RYAN T. HOWELL San Francisco State University (CA) USA Meta-Analysis of the Income-SWB Relation Among Impoverished Samples <i>Moderator:</i> KK O’Byrne Live what you wear (KS) USA	VanBuren Room, 5th Floor
12:30 – 1:30 pm	LUNCH & FORUM FELLOWS POSTER SESSION	Gallery, 2nd Floor

FRIDAY OCTOBER 5, 2007 (CONTINUED)

- 1:30 – 2:30 pm** **NIC MARKS** **Great Hall, 2nd Floor**
New Economics Foundation UK
Toward a Happy Planet: Do Good Lives Have to Cost the Earth?
RILEY E. DUNLAP
Oklahoma State University (OK) USA
The Globalization of Citizen Concern for the Environment: Results From Seven Cross-National Surveys

Moderator: Tim Jackson
University of Surrey UK
- 1:30 – 2:30 pm** **ROBERT BISWAS-DIENER** **VanBuren Room, 5th Floor**
Portland State University (OR) USA
Center for Applied Psychology (UK)
“The Good Enough Life”: The Costs of Eudaimonia

JOHN M. ZELINSKI
Carleton University, Canada
Happiness is in Our Nature

Moderator: Todd Kashdan
George Mason University (VA) USA
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- 2:30 – 3:30 pm** **ANGUS DEATON** **Great Hall, 2nd Floor**
Princeton University (NJ) USA
Income, Aging, Health, and Well-Being Around the World

Moderator: Gale Muller
The Gallup Organization, Omaha (NE) USA
- 2:30 – 3:30 pm** **SYMPOSIUM ON POSITIVE PSYCHOLOGY AND WORK** **McKinley Room, 5th Floor**

ALEX P. LINLEY
Center for Applied Positive Psychology UK
Building Strengths-Based Organizations Through Applied Positive Psychology

JAN ELSNER
Positive Leadership Pty. Ltd. Australia
Building Exceptional Self: From Positive Affect to Positive Effect. An Integrated Model for Putting Positive Psychology to Work

MICHAEL F. STEGER
University of Louisville (KY) USA
Calling in Work: Secular or Sacred?
- 2:30 – 3:30 pm** **DALIA MOGAHED** **Van Buren Room, 5th Floor**
The Gallup Organization, Washington (DC) USA
and
ZSOLT NYIRI
The Gallup Organization, Washington (DC) USA
Muslim Integration in Europe

Moderator: Robert Tortora
The Gallup Organization, Washington (DC) USA

FRIDAY OCTOBER 5, 2007 (CONTINUED)

- 4:00 – 5:00 pm** **TIM JACKSON** **Great Hall, 2nd Floor**
University of Surrey UK
Living Well Within Limits: Policy Responses
- CAROL GRAHAM**
The Brookings Institution (DC) and University of Maryland (MD) USA
Happy Peasants and Frustrated Achievers: Lessons and Questions for Policy From the Economics of Happiness
- Moderator:* Nic Marks
New Economics Foundation, UK
- 4:00 – 5:00 pm** **EVERETT L. WORTHINGTON, JR.** **Van Buren Room, 5th Floor**
with JOSHUA HOOK & JOHN WILLIAMS
Virginia Commonwealth University
Decisional and Emotional Forgiveness
- SARAH SCHNITKER**
University of California-Davis (CA) USA
Young Life and Strengths
- Moderator:* Jeffrey J. Froh
Hofstra University (NY) USA
- 4:00 – 5:00 pm** **DAVID W. BALLARD & ALAN R. GRAHAM** **McKinley Room, 5th Floor**
American Psychological Association (DC) USA/ACP Consultants (IL) USA
The Psychologically Healthy Workplace: Linking Employee Health and Well-Being to Organizational Performance
- GENE BEYT**
Tulane University School of Public Health and Tropical Medicine (LA) USA
Psychological Capital of the Public Hospitals' Workforce and the Physicians Following Hurricanes Katrina and Rita Disasters
- Moderator:* Michael F. Steger
University of Louisville (KY) USA
- 4:00 – 5:00 pm** **TODD M. THRASH** **Roosevelt Room, 5th Floor**
with ANDREW ELLIOT & SCOTT CASSIDY
College of William and Mary (VA) USA
Inspiration and the Promotion of Well-Being
- LUCIA CEJA-BARBA & JOSE NAVARRO**
Universitat de Barcelona, Spain
Nonlinear Dynamics of Flow at Work and Leisure Activities
- Moderator:* Jeanne Nakamura
Claremont Graduate University (CA) USA
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- 5:15 – 6:15 pm** **PANEL – THE FUTURE OF POSITIVE PSYCHOLOGY** **Great Hall, 2nd Floor**
- MARTIN E.P. SELIGMAN**
University of Pennsylvania (PA) USA
and
ED DIENER
University of Illinois (IL) USA
- The Ninth Martin E. P. Seligman Award for Outstanding Dissertation**

SATURDAY OCTOBER 6, 2007

8:00 – 8:30 am	CONTINENTAL BREAKFAST	Gallery, 2nd Floor
8:30 – Noon	POSITIVE PSYCHOTHERAPY WORKSHOP TAYYAB RASHID University of Pennsylvania (PA) USA Positive Psychotherapy: Concepts and Applications	VanBuren Room, 5th Floor
8:30 – 9:30 am	MIHALY CSIKSZENTMIHALY Claremont Graduate University (CA) USA The Costs of Flow Deprivation in Adolescence CHRISTOPHER PETERSON University of Michigan (MI). USA and NANSOOK PARK University of Rhode Island (RI) USA Why Character Matters: Predicting Hard Outcomes <i>Moderator:</i> KK O’Byrne Live what you wear (KS) USA	Great Hall, 2nd Floor
10:00 – 11:00 am	ROY F. BAUMEISTER Florida State University (FL) USA Free Will in Scientific Psychology <i>Moderator:</i> Sonja Lyubomirsky University of California, Riverside (CA) USA	Great Hall, 2nd Floor
10:00 – 11:00 am	SUSAN A. DAVID & MARC BRACKETT Yale University (CT) USA Emotional Intelligence and Positive Psychology: What We Know SCOTT SHERMAN UCLA (CA) USA “How to Change the World”: Positive Psychology and Social Change Activism <i>Moderator:</i> Sarah Schnitker University of California-Davis (CA) USA	McKinley Room, 5th Floor
10:00 – 11:00 am	POSITIVE PSYCHOLOGY ON CAMPUS DISCUSSION	Roosevelt Room, 5th Floor

SATURDAY OCTOBER 6, 2007 (CONTINUED)

11:00 am – Noon	UTHO CREUSEN & NINA ESCHEMANN Media-Saturn – Holding GmbH, Germany Flow in Retail <i>Moderator:</i> Mike Morrison University of Toyota (CA) USA	Great Hall, 2nd Floor
11:00 am – Noon	SYMPOSIUM ON POSITIVE EMOTIONS MICHAEL A. COHN University of Michigan (MI) USA Positive Emotions Induced by Meditation Build Personal Resources and Contribute to Better Lives SARAH PRESSMAN University of Pittsburgh (PA) USA Use of Positive Emotional Words in Autobiographies Predicts the Longevity of Famous Dead Psychologists ODILIO HUBER & ARLETTE BAR University of Fribourg (Switzerland) Verbal Expressions of Emotions During Information Search in Risky Decision Making: The Role of Risk Detection and Risk Defusing for the Generation of Positive Emotions	McKinley Room, 5th Floor
11:00 am – Noon	SYMPOSIUM ON MEANING AND PURPOSE IN LIFE ARTHUR M. FREEDMAN Arthur M. Freedman Associates (DC) USA and PAUL J. LLOYD Southeast Missouri State University (MO) USA Coherence and Well-Being TODD B. KASHDAN George Mason University (VA) USA Purpose in Life as a System That Creates and Sustains Health and Well-Being <i>Moderator:</i> Michael Frisch Baylor University (TX) USA	Van Buren Room, 2nd Floor
11:00 am – Noon	PENN MAPP POSTER SET UP	Roosevelt Room, 5th Floor
Noon – 12:30 pm	LUNCH	Gallery, 2nd Floor
Noon – 2:00 pm	PENN MAPP POSTER SESSION	Roosevelt Room, 5th Floor

SATURDAY OCTOBER 6, 2007 (CONTINUED)

12:30 – 1:30 pm **ROBERT A. EMMONS** **Great Hall, 2nd Floor**
University of California – Davis (CA) USA
Thanks! How the New Science of Gratitude Can Make You Happier
Moderator: Jeffrey J. Froh
Hofstra University (NY) USA

12:30 – 1:30 pm **SYMPOSIUM ON POSITIVE PSYCHOLOGY ON CAMPUS** **VanBuren Room, 2nd Floor**
DANIEL B. SINGLEY
University of California – San Diego (CA) USA
and
JAMES M. HARBIN
University of North Carolina-Charlotte (NC) USA
Goals in Action: An Empirically Based Positive Psychology Consultation Program for Academically At-Risk College Students
CHARLES WALKER
St. Bonaventure University (NY) USA
Assessing Well-Being for the Promotion of Student Flourishing
EILEEN HULME
Azusa Pacific University (NY) USA
Strengths-Based College Campuses

1:30 – 2:30 pm **AMY WRZESNIEWSKI** **Great Hall, 2nd Floor**
Yale School of Management (CT) USA
Individual and Organizational Journeys in the Meaning of Work
Moderator: Shane Lopez
University of Kansas (KS) USA

1:30 – 2:30 pm **SYMPOSIUM ON GRATITUDE** **McKinley Room, 2nd Floor**
JEFFERY J. FROH
Hofstra University (NY) USA
Counting Blessings in Early Adolescents: An Experimental Study of Gratitude and Subjective Well-Being
ALEX WOOD
University of Warwick, UK
Individual Differences in Gratitude and Their Relationship to Well-Being

1:30 – 2:30 pm SYMPOSIUM ON POSITIVE PSYCHOLOGY AND HEALTH VanBuren Room, 2nd Floor

SARAH PRESSMAN

University of Pittsburgh (PA) USA

The Influence of Naturally Occurring Positive Mood on Cardiovascular Recovery From Laboratory Stressors

RYAN T. HOWELL

San Francisco State University (CA) USA

Health Benefits: Meta-analytically Determining the Impact of Well-Being on Objective Health Outcomes

AFTON L. HASSETT

UMDNJ – Robert Wood Johnson Medical School (NJ) USA

The Observational Assessment of Psychological Well-Being (PWB) in Medical Patients With Chronic Systemic Disease

ELIN B. STRAND

with **ROBERT KERNS & ARNSTEIN FINSET**

Oslo University College Norway

Readiness to Change and More Positive Affect May Reduce Pain Reports

2:30 – 3:30 pm MORE PERSPECTIVES ON GLOBAL WELL-BEING Great Hall, 2nd Floor

CARMELO VAZQUEZ

Universidad Complutense – Madrid Spain

Positive Psychological Effects of Terrorist Attacks on Individuals and Communities

JOSE L. PAIS-RIBEIRO

Porto University – Porto Portugal

Well-Being, Emotional Life, and Gender

ROBERT MANCHIN

The Gallup Organization - Brussels

Reporting on Well-Being in European Cities: What Exactly Do We Measure?

Moderator: Dr. Sheila M. Kearney

The Gallup Organization, Washington (DC) USA

3:30 – 4:00 pm STUDENT AWARDS & CLOSING REMARKS Great Hall, 2nd Floor

SHANE LOPEZ, 2007 GWBF Program Chair

University of Kansas (KS) USA

Senior Scientist – The Gallup Organization